



Message from Dr. M. F. Sunny,

*Chairman Sunny Trust International for the 4<sup>th</sup> World Forum Against Drugs*



The organizers of the 4<sup>th</sup> WFAD, besides the Government and H.M. Queen Silvia of Sweden deserve our immense appreciation and gratitude in making this event of utmost global importance possible. Coming from Pakistan, we are experiencing the ruinous consequences of 6.7 million illicit drug users including 4 million cannabis users in our country. Sunny Trust and people in Pakistan unanimously stand for complete eradication of drugs. Legalization of drugs is viewed in Pakistan with great concern and unquestionably opposed. We wish to express our complete solidarity and support to WFAD in opposing legalization as service to humanity. May we wish the 4<sup>th</sup> Forum every success. Thank you.

*About Sunny Trust International:* Located in the scenic Margalla foothills in the outskirts of Islamabad, Sunny Trust International is the oldest dedicated drug addiction treatment & rehabilitation centre in Pakistan, with 20 years of experience in transforming the lives of over 10,000 drug addicts, mostly chronic cases admitted in critical condition as a last resort. On completion of their minimum 120 days x 24 hours meticulously structured treatment & rehabilitation cycle at Sunny Trust, they return (graduate and pass out!) to their families, reintegrate in the communities, and resume a drug-free, including smoke-free life afresh as strong, stable and healthy human beings. Sunny Trust is a pioneer in developing an effective and enduring system of in-house treatment and rehabilitation of drug addicts in the country, based on an exclusive Sunny methodology, treatment protocols and best practices adapted to local culture, needs and traditions. Families remain an integral part of our treatment system, alongside the in-patient treatment process. In addition to weekly family meetings with the patients (supervised or facilitated if need be), we undertake regular individual family counseling as well as family group sessions (3237 family meetings and 1421 family sessions in 2011-2013). A large number of drug users and affected families are also provided outdoor guidance and support.

Sunny Trust is active in sharing its knowledge and expertise with other addiction professionals and institutions in Pakistan, training of health workers, and facilitating research in this field. Sunny Trust has certified TOT (Colombo Plan, Daytop TC, etc) and the knowledge and experience from international trainings is widely shared and utilized. Sunny Trust is involved in a range of drug prevention activities especially targeting students and youth, alone in adjacent communities and in collaboration with other organizations in Pakistan on regular basis. Sunny Trust stands for a drug-free including smoke-free Pakistan and the entire world.

**Sunny Trust International**

**Addiction Treatment & Rehabilitation Centre**

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